



Houston Chapter
Texas Association of Occupational Health Nurses

Mini Conference
Houston, Texas
November 7, 2009

Part 2/ 2

Dr. Mark Henry

Occupational Injuries of the Wrist and Hand



Dr Henry:

- Spoke of evidence based practice in making the most judicial decisions when caring for patients.
- Spent a good amount of time explaining CTS, RTS injuries the causes and treatment modalities.
- Spoke about wrist and hand fractures, wrist dislocations and other open hand and nerve injuries that he treats.



Following the presentation Dr Henry took numerous questions from the audience. He also presented HTAOHN with a Mini-Conference donation of \$2500.

Kent Erickson, MD, PhD, DABFM

Triage and Management of Acute Occupational Injuries For Safety Professionals



Dr. Erickson gave an excellent presentation on injuries and insults that are commonly found in the workplace. He divided them into categories of Emergent Situations and Accidents and an approach to triage.

Dr. Erickson gave a number of excellent acronyms for assessing situations and initiating treatment.

His presentation presented the participants with a wealth of information in case they ever are involved with a worksite triage situation.

**Jessie B. McKey, MD
The Texas Eye Institute**

The Eyes Have It



**Sandra Cole, HTAONH Secretary, introduces
Dr. McKey**



**Dr. McKey gave a wonderful update on work related
eye injuries, how they might be prevented and
common treatments. Wear those Safety Glasses
and Prevent many work related Eye Injuries!**

Mark Berger, MD

Sleep Apnea In the Workplace Lemons or Lemonade



Melinda Harrison introducing Dr. Mark Berger.



Dr. Berger gave an overview of a condition often overlooked in the workplace – sleep apnea. Besides giving an overview of the health, safety and productivity issues diagnosis and treatment of this illness, he also developed an excellent model for sleep apnea management.

**Puja A. Sehgal, MD
Kelsey Seybold Clinic**

Heart Disease Diagnosis & Treatment



Jane Duty, HTAOHN Director, introduces Dr. Puja Sehgal



Dr. Sehgal reviewed the pathophysiology of heart disease, reviewed the testing procedures available and then gave the Therapeutic Lifestyle Changes which are applicable to all of us.

HTAOHN 2009 Mini Conference Planning Committee

- **Sandra G. Carson** (Committee Chairman)
- Pam Mason
- Lady Ellen Clark